

## JANUARY 2019 MENU (JAIN LEARNERS)

Date	Day	JAIN GROUP
02.01.19	Wednesday	VEG PARATHA WITH JAM
03.01.19	Thursday	VEG DALIA PULAO
04.01.19	Friday	VEG SOYA KEEMA CUTLET WITH KHAJUR CHUTNY
07.01.19	Monday	DILL IDLY WITH CHUTNY
08.01.19	Tuesday	METHI THEPLA WITH CHUNDA
09.01.19	Wednesday	JALEBI FAFDA
10.01.19	Thursday	PAV BAHJI
11.01.19	Friday	PALAK MEDU VADA SAMBHAR
14.01.19	Monday	VEG MASUR DAL KHICHDI AND TIL LADOO
15.01.19	Tuesday	
16.01.19	Wednesday	YELLOW DHOKLA WITH GUR SAUTH CHUTNY
17.01.19	Thursday	HAKKA NOODLES WITH SPROUTS
18.01.19	Friday	MIX DAL BHAJIYA WITH SAUCE
21.01.19	Monday	TRICOLOR IDLY WITH CHUTNY
22.01.19	Tuesday	TRICOLOUR CHUTNY SANDWICH WITH BANANA
23.01.19	Wednesday	BROCCOLI AND RED BELLPEPPER CREAMY PASTA
24.01.19	Thursday	TRICOLOR VEG BREAD PIZZA
25.01.19	Friday	POORI WITH SHREEKHAND
28.01.19	Monday	GRATED VEG SAMBHAR RICE WITH PAPAD
29.01.19	Tuesday	BANANA RAGI PANCAKE WITH HONEY
30.01.19	Wednesday	MUNG DAL CHILLA WITH TOMATO CHUTNY
31.01.19	Thursday	CHINEESE BALLS WITH SAUCE