



RBK Global School

A CBSE School

Managed by Babubhai Kanakia Foundation

Affiliation No.: 1130574

LUNCH MENU JANUARY - 2019

DATE	DAY	LUNCH					
02.01.19	WEDNESDAY	CHAPATI	STEAMED RICE	PUNJABI PAKODA KADHI	FRENCHBEANS PORIYAL	PAPAD	SALAD
03.01.19	THURSDAY	PAV	BHAJI	KACHUMBER SALAD	MASALA CHAAS		
04.01.19	FRIDAY	POORI	VEG TAWA PULAO	SPRING ONION RAITA	UNDHIYON	DUDHI MAVA HALWA	
07.01.19	MONDAY	CHAPATI	CORRIANDER RICE	LEHSUNI MUNG DAL	GARLIC LAL MATH BHAJI	SALAD	BUTTERMILK
08.01.19	TUESDAY	METHI THEPLA	STEAMED RICE	TAMATER TADKA DAL	BAIGAN KI LAUNJI	SALAD	BUTTERMILK
09.01.19	WEDNESDAY	ROTI	ZEERA RICE	SURATI DAL	PALAK PANEER	SALAD	BUTTERMILK
10.01.19	THURSDAY	CHAPATI	MASALA KHICHADI	GUJRATI BOONDI KADHI	TENDLI WITH COCONUT	SALAD	PAPAD
11.01.19	FRIDAY	AJWAIN POORI	MASALA BHAAT	CHOLE	VEG RAITA	GAJAR KA HALWA	
14.01.19	MONDAY	CHAPATI	TOMATO SAR	LEMON RICE	MOTH MASALA	BHINDI KARARI	BUTTERMILK
15.01.19	TUESDAY						
16.01.19	WEDNESDAY	CHAPATI	ZEERA RICE	TREVTI DAL	PEAS AND SOYA CHUNKS STUFF CAPSICUM	SALAD	BUTTERMILK
17.01.19	THURSDAY	CHAPATI	PACHMELA DAL	GREEN CHAWLI STIR FRY	CORRIANDER RICE	SALAD	BUTTERMILK
18.01.19	FRIDAY	GARLIC BREAD	FRIED RICE	VEG MANCHURIAN	PANEER CHILLY	FRUIT CUSTARD	
21.01.19	MONDAY	CHAPATI	GHEE RICE	WHOLE MASUR DAL TADKA	BHINDI DO PYAZA	SALAD	BUTTERMILK
22.01.19	TUESDAY	MISSI ROTI	STEAMED RICE	PALAK DAL	DUDHI KOFTA	SALAD	BUTTERMILK
23.01.19	WEDNESDAY	CHAPATI	PEAS TICE	ROASTED TUR DAL TADKA	BAIGAN BHAJA	SALAD	BUTTERMILK
24.01.19	THURSDAY	DILL LEAVES PARATH	LEMON RICE	DAL FRY	METHI ALOO	SALAD	BUTTERMILK
25.01.19	FRIDAY	GREEN PEAS KI KACHORI	TAMATER ALOO KI SABZI	VEG BIRYANI	RAITA	GULAB JAMUN	



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28.01.19	MONDAY	CHAPATI	STEAMED RICE	WHOLE MUNG DAL TADKA	BHARWA KARELA	SALAD	BUTTERMILK
29.01.19	TUESDAY	CHAPATI	GHEE RICE	DAL FRY	CABBAGE KOFTA	SALAD	BUTTERMILK
30.01.19	WEDNESDAY	SHREDED PALAK PARATHA	TOMATO RICE	MASUR DAL TADKA	TENDLI COCONUT	SALAD	BUTTERMILK
31.01.19	THURSDAY	ROTI	KHICHDI	BOONDI KADHI	MIX VEG DRY	SALAD	BUTTERMILK