



RBK Global School

A CBSE School

Managed by Babubhai Kanakia Foundation

Affiliation No.: 1130574

LUNCH MENU – OCTOBER'18

DATE	DAY	LUNCH					
01-10-2018	MONDAY	CHAPATI	STEAMED RICE	PALAK DAL	CHANA MASALA	CUCUMBER RAITA	PAPAD
03-10-2018	WEDNESDAY	CHAPATI	PEAS PULAV	DAL FRY	SOYA NUGGETS VEGETABLE	SALAD	PICKLE
04-10-2018	THURSDAY	CHAPATI	ZEERA RICE	DAL TADKA	BHINDI KARARI	SALAD	BUTTERMILK
05-10-2018	FRIDAY	FRIED RICE	MANCHURIAN	GARLIC BREAD	PANEER CHILLY	FRUIT CUSTARD	
08-10-2018	MONDAY	CHAPATI	TOMATO RICE	SAMBHAR	CABBAGE PEAS PORIYAL	SALAD	BUTTERMILK
09-10-2018	TUESDAY	CHAPATI	GHEE RICE	MASUR DAL	GREEN CHAWLI VEGETALE	SALAD	VEG RAITA
10-10-2018	WEDNESDAY	CHAPATI	MASALA KHICHADI	GUJRATI KADHI	DILL LEAVES AND BATATA KI BHAJI	PAPAD	SALAD
11-10-2018	THURSDAY	CHAPATI	ZEERA RICE	MASALA DAL	ALOO DUM	SALAD	BUTTERMILK
12-10-2018	FRIDAY	MATAR KACHORI	VEG PULAO	ALOO TEMATER KI SABZI	VEG RAITA	GULAB JAMUN	
15-10-2018	MONDAY	CHAPATI	ONION RICE	LEHSUNI MUNG DAL	DUDHI KOFTA	SALAD	BUTTERMILK



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DATE	DAY	LUNCH					
16-10-2018	TUESDAY	CHAPATI	STEAMED RICE	TADKA DAL	BAIGAN TOMATO BHARTA	SALAD	BUTTERMILK
17-10-2018	WEDNESDAY	POORI	CHOLE	VEG TAWA RICE	POMOGRANATE RAITA	GULAB JAMUN	
19-10-2018	FRIDAY	PAV	BHAJI	KACHUMBER SALAD	MINT BUTTERMILK	SEVAI	
22-10-2018	MONDAY	CHAPATI	RICE	SINDHI KADHI	STUFF BAIGAN	SALAD	BUTTERMILK
23-10-2018	TUESDAY	CHAPATI	LEMON RICE	TOMATO SAR	FRENCH BEANS BHAJI	BUTTERMILK	SALAD
24-10-2018	WEDNESDAY	CHAPATI	PLAIN RICE	SURATI DAL	PALAK PANEER	KACHUMBER SALAD	BUTTERMILK
25-10-2018	THURSDAY	CHAPATI	STEAM RICE	DAL TADKA	ALOO MATAR	BAIGAN TAMATER BHARTA	SALAD
26-10-2018	FRIDAY	CHOLE	BHATURE	KACHUMBER RAITA	SUJI KA HALWA	BUTTERMILK	MASALA BHAAAT
29-10-2018	MONDAY	CHAPATI	ONION RICE	WHOLE MUNG DAL	RAW BANANA KOFTA KOFTA	BUTTERMILK	SALAD
30-10-2018	TUESDAY	CHAPATI	STEAMED RICE	DAL MAKHNI	BHINDI DO PYAZA	SALAD	BUTTERMILK
31-10-2018	WEDNESDAY	CHAPATI	PLAIN RICE	PAKODA KADHI	MUNG BHAJI	CORN SALAD	ROASTED PAPAD